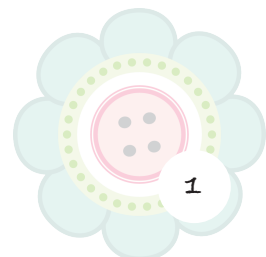




## Jo Avery

Jo has been making things with fabric and thread since she was 6 years old and has been writing about her crafty exploits in patchwork, crochet and embroidery on her blog, myBearpaw for the last decade. She is a regular contributor to a number of quilting and embroidery publications and her first solo book will be published by Stash in early 2020. Jo enjoys inspiring others through her studio workshops in Edinburgh and the annual sewing retreats she organises. She is also an Aurifil Designer with two thread collections available.



**Use either of the methods below to transfer the design on to your chosen fabric:**

### *Either - Trace your pattern.*

First print a copy of the non-reversed design. I work quite fast and have a terror of visible line marks so I like to trace the image on to my cloth using a pencil. The pencil marks do fade though, so if you think you may take a while to complete your embroidery then you can use either a water-soluble or a permanent marker with a fine tip.

I use a light-box and tape the design to this using masking/washi tape. Then I tape my fabric over this, making sure the fabric is square ie. the grain is aligned horizontally and vertically and well stretched.

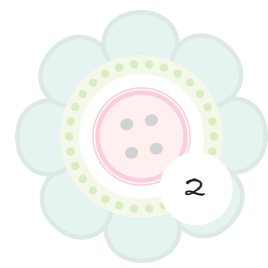
If you don't have a light-box you may find you can still see the design through your fabric if it is not too closely woven. Alternatively try taping it to a window, or make a temporary light-box by turning on the torch function on your phone, placing it in a box and covering the top with a piece of glass or perspex, or even a patchwork ruler.

### *Or - Transfer your pattern.*

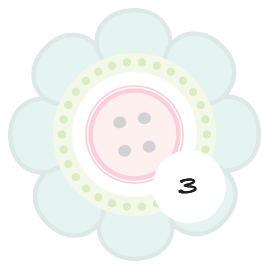
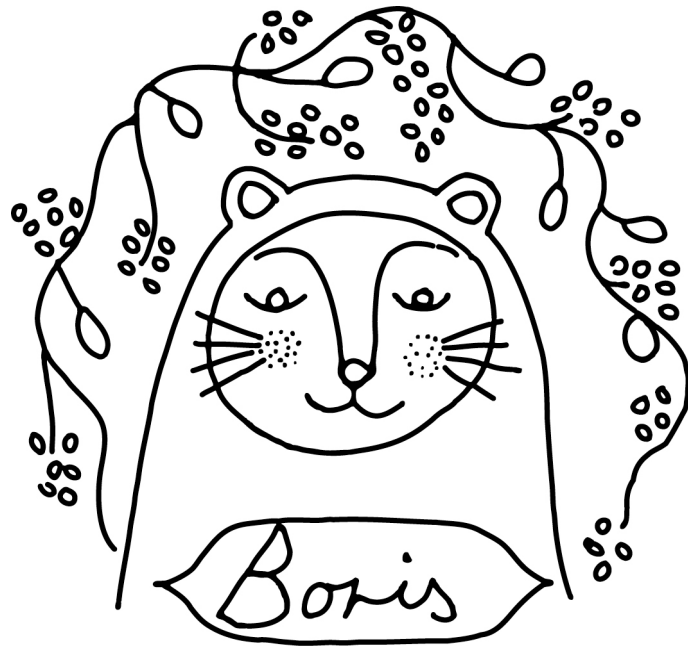
First print a copy of the reversed design. Then using an embroidery transfer pencil or pen, trace over the design.

Now place the transfer right side down onto your fabric and press on the back of the paper with a hot iron for a few seconds. Please refer to the instructions with your transfer pencil if in doubt.

Once you have the design on the fabric, insert into a suitable embroidery hoop. Make sure your cloth is as tight as possible, it should feel like a drum skin. Use a slotted screwdriver to obtain the correct tightness on the fixing screw..

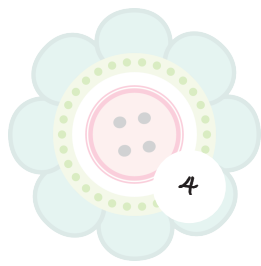


# Mini Boris Bear Portrait by Jo Avery



# Mini Boris Bear Portrait by Jo Avery

REVERSED



# Mini Boris Bear Portrait by Jo Avery

## Embroidery Instructions

I used Aurifil 12wt cotton thread from my Passionflower collection (plus a little black) to stitch this embroidery. Two or Three strands of stranded embroidery thread would also work if you prefer. This embroidery is shown in a 5 inch hoop.

1. Use purple 2540 and a back stitch on outline of name badge and 'Boris'.
2. Outline Bear around outer edge and face with back stitches in turquoise 1148 and fill space in between with lines of chain stitch using light turquoise 2835.
3. Outline Boris's face with back stitches using black 2692. Stitch tiny seed stitches for cheeks. Fill nose and inner ears with tiny satin stitches using light pink 2479.
4. Use a whipped back stitch and green 5018 to outline stems and leaves. Use satin stitch and variegated light green 3320 to fill leaves.
5. Use dark orange 5002, dark pink 4020 and yellow 2120 to make bullion knots for the cherry blossom.



## Mini Boris Bear Portrait by Jo Avery



Further help and links.

If you have any queries or need help with this pattern you can email Jo:

**[hello@mybearpaw.co.uk](mailto:hello@mybearpaw.co.uk)**

Visit Jo's blog for tutorials, tips and inspiration:

**[blog.mybearpaw.com](http://blog.mybearpaw.com)**

Find me on Instagram: **[@mybearpaw](https://www.instagram.com/mybearpaw)**

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